

FUMC Events

CAREGIVER CONNECT COFFEE

Tuesday, April 22, 10 am until noon
Fellowship Hall

Caregivers, bring your loved one to Fellowship Hall for a morning of directed activities on Tue April 22, at 10 am. Then swing by FUMC's Welcome Foyer to connect with other caregivers, learn about upcoming summer events and take a *goody-to-go* before returning to pick up your loved one at noon.

The two-hour RESPITE CARE group is available for up to 10 loved ones during that time. Your loved one will be introduced to activities that promote engagement and movement through music, chair exercise, and creative projects. Spaces are limited. Please to go to *THIS LINK* to review attendee mobility and level of care check list and see if our program meets the needs of your loved one.

Registration is required. Complete the online form on or before Wed April 16. Confirmation of registration is by email: Fri April 18. To cancel a reservation: call 501-329-3801 on or before Mon April 21.

This is the first respite care event for the FUMC Care Giver Ministry. Check out our online resources: <https://conwayfumc.org/congregational-care/>

Caregiver Connect Registration Form

Upcoming Community Events

Monday Morning Caregiving via ZOOM

Bi-monthly, One-hour Group Meetings Beginning Monday, March 31 at 12 noon
Sponsored by CareLink (Faulkner county's Area Agency on Aging)

Select this option for a safe place to seek support and understanding, share information, ask questions and voice personal feelings and stories. This group is a perfect fit for a caregiver who has a limited schedule or may not be able to physically leave their loved one but still wishes to connect with other caregivers for support. Meetings will last approximately one hour, and you can join online or call in to join. Questions? Email Nichetra Magee, Family Services Coordinator, CareLink: nmagee@carelink.org

Nichetra Magee is inviting you to a scheduled Zoom meeting.
Topic: Monday Morning Caregiving
Time: Mar 31, 2025 12:00 PM Central Time (US and Canada)
Every 2 weeks on Mon, 60 occurrence(s)

Join Zoom Meeting

<https://us06web.zoom.us/j/86186609447?pwd=ld2uBZc9b2M8VTE83W2GEUm3LQK0Uk.1>

Meeting ID: 861 8660 9447

Passcode: 149255

One tap mobile

+13052241968,,86186609447#,,,,*149255# US

+13092053325,,86186609447#,,,,*149255# US

Dial by your location

• +1 305 224 1968 US

• +1 309 205 3325 US

• +1 312 626 6799 US (Chicago)

Meeting ID: 861 8660 9447

Passcode: 149255

Find your local number: <https://us06web.zoom.us/u/kb2tJt8vn9>

Ongoing Community Events

Please see individual institutions and organizations for the list of their events:

·Alzheimer’s Arkansas: <https://www.alzark.org/> (volunteer opportunities available) (care giver workshops, coffee with caregivers, lunch & learn, podcast, support groups, etc.)

·American Association of Retired People, Arkansas: <https://states.aarp.org/arkansas/> (links, resources, programs for elderly and care giving Arkansans) and AARP: <https://states.aarp.org/arkansas/caregiver-resources?CMP=OTH-CAREGIVING-STATEGUIDE-AR>

·Arkansas Aging Wiser: <https://www.facebook.com/people/Arkansas-Aging-Wiser/61557016094690/>

·Faulkner County Library: <https://fcl.org/departments/adults/> , <https://fcl.org/images/uploads/20241229/hq-jan-adult-calendar-37780.png> (author readings, concerts, programs, chair yoga, Alzheimer’s Arkansas Lunch and Learn, AR Aging Wiser “Wiser Wednesdays”, etc.)