

## Care Giver Web Links

The following live links are in three categories: activities, services and support, and organizations and institutions. While the list isn't exhaustive, the Care Giver Ministry hopes that this information will help care givers begin research to support their journey.

### Activities

Alzheimer's Arkansas (see main link above)

Family Caregiver Care Binder:

<https://www.alzark.org/wp-content/uploads/2023/02/Care-Binder.pdf>

Creating a Memory Book:

<https://www.alzark.org/wp-content/uploads/2022/10/Memory-Book.pdf>

Faulkner County Library: <https://fcl.org/departments/adults/> ,

<https://fcl.org/images/uploads/20241229/hq-jan-adult-calendar-37780.png>

(author readings, concerts, programs, chair yoga, Alzheimer's Arkansas Lunch and Learn, AR Aging Wiser "Wiser Wednesdays", etc.)

Faulkner County Senior Citizens: <https://fcseniors.com/> (home delivered meals, congregate meals, transportation, complimentary services, etc.)

### Care Giving Services & Support

Alzheimer's Arkansas Caregivers Support Group:

<https://www.facebook.com/groups/500115774003901>

private confidential group: log on to Facebook and ask to join

Alzheimer's Arkansas Emergency Preparedness Checklist:

<https://www.alzark.org/wp-content/uploads/2022/10/EMERGENCY-PREPARATION-1.pdf>

Arkansas Total Care: <https://www.arkansastotalcare.com/members/caregiver-resources.html>

provides extra support needed as caregivers assist others.

Care Link: <https://www.carelink.org/> (nonprofit connecting resources to help active and homebound older people and their caregivers)

Cornerstone Care: <https://cornerstonecaregiving.com/>

(personal care, 24-hour care, respite care, veterans' care (works with VA), hospital recovery care, hospice and palliative care, Alzheimer's and Dementia care)

Diamond Personal Care: <https://www.dpc-ar.com/>

(in-home assistance, housekeeping, transportation, companionship, meal preparation, shopping)

Home Instead: <https://www.homeinstead.com/ppc/home-care/>

(personalized elderly care for all stages of aging)

SeniorKare: The In-Home Experts: <https://inhomeseniorkare.com/>  
(respite care, personal care, caregiver support)

Southern Caregivers: <https://www.southerncaregiversar.com/>  
(in-home personal and intellectual and development care for clients)

Visiting Angels: [https://www.visitingangels.com/homecare-services?utm\\_call=stamats&gclid=CjwKCAjw65-zBhBkEiwAjrQRMFA9ek4iDGgK00b65YzOfzUzfPtqqbObXMct72vgY626KHLuOZPQuRoCgzMQAvD\\_BwE](https://www.visitingangels.com/homecare-services?utm_call=stamats&gclid=CjwKCAjw65-zBhBkEiwAjrQRMFA9ek4iDGgK00b65YzOfzUzfPtqqbObXMct72vgY626KHLuOZPQuRoCgzMQAvD_BwE) (personalized elderly care for all stages of aging)

## **Organizations/Institutions**

### National

Medicare: <https://www.medicare.gov/>

Veterans' Health Administration: <https://www.va.gov/health/>

American Association of Retired Persons: <https://www.aarp.org/caregiving/>  
(specialized care, coping, care at home, caregiver resource center)

Alzheimer's Association: <https://www.alz.org/help-support/caregiving>  
(24/7 hotline, stages and behaviors, educational programs and dementia care resources, caregiver help, support groups, activities, communication and Alzheimer's)

### State

Arkansas Aging Wiser: <https://www.facebook.com/people/Arkansas-Aging-Wiser/61557016094690/>

Alzheimer's Arkansas: <https://www.alzark.org/> (volunteer opportunities available)  
(care giver workshops, coffee with caregivers, lunch & learn, podcast, support groups, etc.)

United Way, 211 Assistance: <https://arkansas211.org/> (free confidential multilingual way to connect with local resources for good, shelter, rental assistance, childcare, etc.)

### Local

American Association of Retired People, Arkansas: <https://states.aarp.org/arkansas/>  
(links, resources, programs for elderly and care giving Arkansans) and AARP: <https://states.aarp.org/arkansas/caregiver-resources?CMP=OTH-CAREGIVING-STATEGUIDE-AR>

Conway Regional:  
<https://www.conwayregional.org/services/senior-health>  
(senior counseling center, senior behavioral care, wellness)

Baptist Health:

<https://www.baptist-health.com/services/senior-health/>

Menopause, Osteoporosis, Geriatric Fractures, Alzheimer's Disease, Heart Health, Home Health,

Hospice, PACE: all-inclusive medical and respite care for seniors who remain in their home

<https://www.baptist-health.com/blog/aging-and-mental-health-what-to-look-for/>

BHealthy Blog: addresses mental, emotional, and physical issues with aging

<https://www.baptist-health.com/services/behavioral-health/geriatric-behavioral-health/>

Geriatric Behavioral Program (LR and Fort Smith): psychiatric counseling services

## **Downloads**

Caption Telephone Messaging: <https://www.captel.com/>