#### **Conway FUMC Events**

April 22, Caregivers Connect, 10 a.m. to noon: Social share time for those managing care for others. Details to be announced.

### **Community Events**

Care Giver events are quickly accessible through the following agency links. Select the "Care Giver Web Links" tab for a comprehensive list of caregiver services:

#### **Alzheimer's Arkansas**

https://www.alzark.org/

(volunteer opportunities available, care giver workshops, coffee with caregivers, lunch & learn, podcast, support groups, etc.)

#### **American Association of Retired People, Arkansas**

https://states.aarp.org/arkansas/

(links, resources, programs for elderly and care giving Arkansans) and AARP. https://states.aarp.org/arkansas/caregiver-resources?CMP=OTH-CAREGIVING-STATEGUIDE-AR

## **Arkansas Aging Wiser**

https://www.facebook.com/people/Arkansas-Aging-Wiser/61557016094690/

# **Faulkner County Library**

https://fcl.org

(author readings, concerts, programs, chair yoga, Alzheimer's Arkansas Lunch and Learn, AR Aging Wiser "Wiser Wednesdays", etc.)